

## **Discussion.**

Treatment protocols used for PTSD most often times are the same used for dementia. Consequently this author is presenting two cases. According to the National Center for PTSD about 60% of men and 50% of women experience at least one traumatic incident in their life with 8% of the men and 20% of the women developing PTSD. [4] According to the Sidran Institute the annual cost to society significantly over \$42.3 Billion, often due to misdiagnosis and under treatment. This includes psychiatric and non-psychiatric medical treatment costs, indirect workplace costs, mortality costs and prescription costs.

### Case 1.

A 76 year old recent widow while still grieving over her the death of her husband was being sued over estate proceeds and several other family matters which were unconscionable as witnessed by this author. The client engaged in all natural health measures to relieve stress including massage, chiropractic, meditation and various other alternative treatments. However, verbal, relatively severe outbursts were common when confronted with any mere annoyance. A series of 6 treatments were given over a two week period. She regained her composure and was again the pleasant, positive person which is her nature.

### Case 2.

A self-employed 34 year old male general contractor witnessed the murder of his mother when he was nine years old. His 11 year old brother was being molested by the baby sitter. The mother confronted her after learning about the incident and was murdered by the sitter at her home a few hours after the confrontation. The sitter was never convicted. He was medicated for depression but chief problem was the inability to maintain good help due to his disposition and depression. He was very short tempered and was very easily annoyed. Claimed he fired 32 people over a two year period. Client was treated 4 times over a 7 day period and followed for two months and he claimed new found serenity and the ability to direct employees.

### Case 3.

A 58 year old female due to spousal abuse is granted disability due to PTSD as diagnosed by a psychiatrist. She complained of high anxiety which is also inherited trait, all family members suffer from some type of mental disorder. After three treatments, she is sleeping better and high anxiety levels have dissipated.